



**MISSOURI VALLEY SWIMMING**  
**2011 DIVISION II LONG COURSE WEST CHAMPIONSHIPS**

- DATES:** July 22-24, 2011
- SANCTIONED BY:** Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc.  
Meet Sanction No: **MV-11.86**  
Time Trials Sanction No: **MV-11-87TT**
- HOST:** Swim Academy Blue Wave
- LOCATION:** Vivion Road Family YMCA  
1101 Northeast 47<sup>th</sup> Street  
Kansas City, MO 64116
- COURSE:** The competition course has been certified in accordance with 104.2.2C(4). A copy of the certification is on file with USA Swimming.
- RULE AUTHORITY:** Current USA Swimming and Missouri Valley Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- TEAMS PARTICIPATING:**
- |                                       |                                      |
|---------------------------------------|--------------------------------------|
| <b>ANDR</b> ANDOVER YMCA              | <b>PARS</b> PARSONS SWIM CLUB        |
| <b>AHWK</b> AQUAHAWKS                 | <b>RISS</b> RISS                     |
| <b>ARK</b> ARKANSAS CITY              | <b>SAC</b> SALINA AQUATICS CLUB      |
| <b>ATCH</b> ATCHINSON YMCA SWIM CLUB  | <b>SABW</b> SWIM ACADEMY BLUE WAVE   |
| <b>BSSC</b> BONNER SPRINGS SWIM CLUB  | <b>TCC</b> TOPEKA COUNTRY CLUB       |
| <b>DSC</b> DERBY SWIM CLUB            | <b>TSA</b> TOPEKA SWIM ASSOCIATION   |
| <b>EDSC</b> EL DORADO SWIM CLUB       | <b>TRC</b> TWIN RIVER SWIM CLUB      |
| <b>EAC</b> EMPORIA SWIM CLUB          | <b>VCSC</b> VALLEY CENTER SWIM CLUB  |
| <b>FTLL</b> FORT LEAVENWORTH LANCERS  | <b>WELL</b> WELLINGTON SWIM CLUB     |
| <b>HVSC</b> HAYSVILLE SWIM CLUB       | <b>WKSC</b> WESTERN KANSAS SWIM CLUB |
| <b>HYSC</b> HUTCHINSON Y SWIM CLUB    | <b>WAS</b> WICHITA AQUA SHOCKS       |
| <b>MM</b> MANHATTAN MARLINS           | <b>WNYN</b> WICHITA NORTHWEST YMCA   |
| <b>MSC</b> MCPHERSON SWIM CLUB        | <b>WSC</b> WICHITA SWIM CLUB         |
| <b>MMAC</b> MID-MISSOURI AQUATIC CLUB | <b>WIN</b> WINFIELD SWIM CLUB        |
| <b>NLU</b> NORTHLAND UNITED           |                                      |
| <b>NWSC</b> NEWTON SWIM CLUB          |                                      |
- MEET FORMAT:** The meet will consist of Timed Finals. The 800-meter freestyle and the 1500-meter freestyle will be swum alternating women then men, fastest seed to slowest seed. The 13-14 and Senior events at these distances will be seeded and swum together, but scored separately.
- START TIMES:** **Friday**  
13-14 and Senior Timed Finals  
Session 1 Warm-ups: 9:00 – 9:35 AM  
Session 2 Warm-ups: 9:35 – 10:10 AM  
**Meet starts: 10:15 AM**

11-12 and 10 & Under

Warm up times will be determined after the entries have been received.

Session 1 Warm-ups: Approx 1:00 – 1:35 PM

Session 2 Warm-ups: Approx 1:35 – 2:10 PM

**Meet starts: 75 minutes after the conclusion of the AM Session Approx 2:15pm**

### **Saturday and Sunday**

13-14 and Senior Timed Finals

Session 1 Warm-ups: 8:00 – 8:35 AM

Session 2 Warm-ups: 8:35 – 9:10 AM

**Meet starts: 9:15 AM**

11-12 and 10 & Under Timed Finals

Warm up times will be determined after the entries have been received.

Session 1 Warm-ups: Approx 12:00 – 12:35 PM

Session 2 Warm-ups: Approx 12:35 – 1:10 PM

**Meet starts: Approx 1:15 PM**

Starting times for the 10 & Under and 11-12 sessions may be adjusted due to the length of the Senior and 13-14 sessions, but will not be earlier than the published times.

Once entries are received, a warm-up schedule will be sent to each club entering the meet.

### **MEMBERSHIP REQUIREMENT:**

All athletes must be 2011-registered athlete members of Missouri Valley Swimming and USA Swimming and must be associated with one of the teams assigned to this championship meet site. All registrations will be verified by the MVS Registration Chair prior to the meet.

### **ELIGIBILITY & SPECIAL ENTRY RULES:**

#### ***Qualifying Times/Eligibility***

No time conversions are allowed; however, swimmers may qualify with short course yard and short course meter qualifying times. Seeding order will be LCM, then SCY then SCM. Swimmers using short course times to qualify should circle the appropriate course (25y or 25m) on the entry sheet and provide the actual short course time achieved, date, and location of the qualifying swim for purposes of proof-of-time. Teams using Hy-Tek disk entries shall include hard copies of the Hy-Tek Entry Summary Sheets and Team Manager Best Times Reports with entries.

#### ***Bonus Swims***

Each swimmer achieving a minimum of one Division II qualifying time shall be allowed to enter a maximum of two (2) additional bonus events in which he/she has not achieved the Division II qualifying time. No bonus swims will be allowed in events longer than 200 yards, and no bonus swims will be allowed in Senior events unless the swimmer is 15 years or older. Bonus swims must be clearly noted in the following manner:

- 1) The entry time shall be “No Time” (NT).
- 2) Hard copies (pink & blue entry forms or Hy-Tek printouts) **must be clearly marked with a “B” following the entry time for such entries** (e.g., “NT B”).
- 3) When using MVS Division Entry and Proof Forms, the term “BONUS” shall be clearly written in the space allotted for proof. When using Hy-Tek Team Manager printouts for proof-of-time, the term “Bonus” must be handwritten beside the appropriate record. When no such record exists (i.e. the swimmer has never swum the event in question), this must be noted on the printout.
- 4) All Bonus entries will be seeded behind all other entries, including non-conforming courses, by virtue of the “NT” designation.
- 5) Proof-of-Time rules will apply to all entries not specifically designated as “Bonus”. The “Bonus” designation is non-transferable.

For the 1500-meter freestyle, entries will be accepted using either the 1500- or the 800-meter freestyle qualifying time. Seeding will be done using the 1500-meter time with those entries using the 800 time being seeded in the slowest heats. For the 800-meter freestyle, entries will be accepted using either the 800- or the 1500-meter freestyle qualifying time. Seeding will be done using the 800-meter time with those entered with



the 1500-meter proof-of-time being seeded in the slowest heats. Such entries must be adequately explained on the entry sheet.

***Over-Qualified Swimmers***

A swimmer who swims in a Division II event in which he/she has previously achieved a Division I qualifying time in that specific stroke, distance, and course shall be barred from the remainder of the meet and the swim shall not be recognized. This shall also apply to those swimmers achieving Division I qualifying times after entering the Division II meet.

***Relay Rule***

To participate in a relay, a swimmer must be entered in an individual event in the meet. The swimmer must not have achieved a Division I qualifying time in the same stroke, distance and course for that age division. For 13-14 and Senior 200 Medley Relay, swimmers must not have achieved a Division I qualifying time in the same stroke at 100 meters. Swimmers of all ages may compete in Senior relays, but must not have achieved a Division I time in their age group for that stroke, distance and course.

All swimmers' names and order of swim must be recorded on the entry card or sheet prior to the first heat of the last individual event preceding the relay cycle in question, or 15 minutes prior to the start of the meet, if the relay cycle precedes the individual events.

***Age-Up Rule***

If a swimmer whose 11th, 13th, or 15th birthday falls on or after the Division II Meet but before the Division I Meet, and has Division I times in his/her younger age group but does not qualify for Division I in the next older age group, he/she may enter Division II in the next older age group classification in any event in which he/she meets the qualifying time.

The swimmer must, however, compete in only one age group in the Division II meet.

The entry report must clearly note any such entries.

***Entry Forms***

Entries will **only** be accepted from Missouri Valley registered teams and unattached swimmers. Entries from units within a Missouri Valley team or entries from individuals within a team are not permitted. All entries must be on either MVS Division Championship Entry and Proof Sheets or Hy-Tek disk accompanied by hard-copy printout of entries and Team Manager Best Times reports. Date and location of qualifying swims should be clearly indicated on all entries.

Hy-Tek hard-copy of Team Manager Best Times Reports must be in alphabetical order and separated into single sheets.

**ENTRY LIMIT:**

A swimmer may enter all events for which he/she qualifies. Swimmers may swim a maximum of five (5) individual events per day. Swimmers may swim each relay event (200/400 Free; 200/400 Medley) only one time during the course of the entire meet.

**ENTRY DEADLINE:**

All entries must be received by the Entries Chair no later than Monday July 18, 2011 at 5:00 PM

**ENTRY FEES:**

Entry fees shall be \$3.50 per individual event and \$5.00 per relay team.

**ENTRY CHAIR:**

Send fees and entry file/report to:

Christine Milburn  
14045 NW 67<sup>th</sup> Court  
Kansas City, MO 64116  
[SABWMeetEntries@yahoo.com](mailto:SABWMeetEntries@yahoo.com)  
816.505.9535

**MAIL FEES TO:**

Make checks for entries and MVS fees payable to Swim Academy Blue Wave.

Mail hard copies and check to:

SABW Division II West Championships  
c/o Christine Milburn  
14045 NW 67<sup>th</sup> Court  
Kansas City, MO 64152

Entries are to be sent electronically using a Hy-Tek compatible file to [SABWMeetEntries@yahoo.com](mailto:SABWMeetEntries@yahoo.com) in addition to the disk and hard copies as described above. Please indicate a phone number for collect calls and an email address for contact concerning problems with entries.

**PROOF OF TIME:**

Date and location of qualifying swims **must** be clearly indicated on all entries, either in the space provided on the MVS Entry & Proof sheet or on the Hy-Tek Team Manager Best Times Report accompanying the team entry report and disk. For each entry received without a proof-of-time, it will be presumed that "No Proof" is available. Refer to proof-of-time \*Penalties below. The meet host will be responsible for verification of times as provided by the MVS Records Chair in a database. Fines shall be payable to Swim Academy Blue Wave.

Official meet results for all meets sanctioned by MVS during the 2011 long course season, 2009-2011 short course season, and the 2009 long course season, with the exception of meets held under league blanket sanctions and permitted observed high school swims, will be available at the proof-of-time table for use in proving times. Swimmers and clubs using qualifying swims from meets held outside of Missouri Valley or in meets held under league blanket sanctions or in any meet held prior to the 2011 long course season must bring the applicable meet results for use as proof-of-time.

**\*PENALTIES:** In individual events, if the swimmer does not achieve the slowest qualifying time and cannot prove the entry time, penalties will be assessed as follows:

- 1) For the first missed qualifying time, the swimmer's club shall pay a \$25 fine to Swim Academy Blue Wave. This fine must be paid prior to the beginning of the next day's events.
- 2) For the second missed qualifying time, the swimmer's club shall pay an additional fine of \$50 and he/she shall be barred from the remainder of the meet.
- 3) Swimmers barred from the remainder of the meet are ineligible to participate in all subsequent swims, both individual and relay.

The MVS Records Chair may, at his/her discretion, rescind fines upon receiving adequate proof of qualifying swim after the conclusion of the meet. This discretion does not extend to allowing a swimmer to continue to compete who has failed to prove qualifying swims for two (2) events that did not achieve the slowest qualifying time. MVS clubs are responsible for all proof-of-time fines incurred by swimmers representing their group and must pay such fines prior to entering future championship competitions sponsored by Missouri Valley.

**SEEDING:**

The meet will be seeded for the Timed Finals by Hy-Tek Meet Manager immediately following the scratch deadline of 30 minutes prior to the start of each session.

**CHECK-IN and SCRATCH RULE:**

Except for the 800- and 1500-meter freestyle events, swimmers are considered to be checked-in for their events when their entries are received. If a swimmer elects **not to swim** an event, either the swimmer or his/her coach or representative must scratch the event a minimum of 15 minutes prior to the start of the session in which the event is scheduled. If a swimmer fails to either **swim** or **scratch**, he/she shall be barred from his/her next event. In the event a swimmer enters more events per day than permitted (see entry limit) and does not scratch, the swimmer will be scratched from their final event of that day.

Positive check-in will be required for the 800-meter and 1500-meter freestyle. **This rule will be strictly enforced.**

Age of the swimmer on the first day of the meet determines the age group classification for the entire meet.



- SCRATCH PROCEDURE:** Each coach and/or unattached swimmer will be provided with Hy-Tek printouts of team entries by swimmer and scratch sheets for each session. It is the responsibility of each coach and/or swimmer to indicate which events are to be scratched by which swimmers and to return the sheets to the Clerk of the Course by the scratch deadline prior to each session.
- TIME TRIALS:** Time trials will be available if time permits at the conclusion of each session each day. Time trials shall be restricted to those individuals who have a reasonable expectation of achieving a Division I Championship qualifying time or faster. The entry fee shall be \$7.50 per individual event and \$10.00 per relay event. A time trial swim counts as a swim toward the total number of swims permitted per day. Swimmers not entered in the meet are welcome to the time trials. However, in the discretion of the Meet Director and Meet Referee these swimmers will only be allowed to participate in time trial events following the afternoon sessions.
- The order of events for the time trials shall be as follows:
- Friday:** Friday events; Saturday events; Sunday events  
**Saturday:** Saturday events; Sunday events; Friday events  
**Sunday:** Sunday events; Friday events; Saturday events
- PROGRAMS:** Meet programs will be in the form of “psych sheets”. Entrants in each event will be listed in order of long course meter entry times, fastest time first. Swimmers with non-conforming entry times (short course meters or yards) will be listed last. Late entries may be on a separate sheet.
- MEET REFEREE:** David Bucholtz  
[bucky.ks@sbcglobal.net](mailto:bucky.ks@sbcglobal.net)  
[785-565-1893](tel:785-565-1893)
- OTHER OFFICIAL:** TBD
- OFFICIALS:** Officials at the meet will be determined and assigned by the MVS designated Meet Referee. All officials shall be present at the officials’ meeting 20 minutes prior to the start of each session. Officials must display a 2011 USA Swimming membership card while acting in any official capacity on the deck of the pool.
- MEET DIRECTOR:** Heather Layton  
[SABWMeetDirector@yahoo.com](mailto:SABWMeetDirector@yahoo.com)  
913.236.4326
- SAFETY MARSHAL:** TBD
- AWARDS:** Medals for 1<sup>st</sup> through 3<sup>rd</sup> for individual events, and medals for 1<sup>st</sup> through 3<sup>rd</sup> for relay events. Ribbons for 4<sup>th</sup>-8<sup>th</sup> for individual 14-Under events. All awards must be picked up by the swimmer or coach by the end of the meet. No awards will be mailed.
- FINAL RESULTS:** Final results will be posted on the Missouri Valley website and may include the swimmer’s name, age, times and USA Swimming number.
- TIMING ASSIGNMENTS:** Each club will be expected to provide back-up timers (2 per lane) as assigned by the Meet Director.
- WARM-UP PROCEDURES:**
- 1) Pre-Meet Warm-Up Period
    - A. Marshals will remain on duty for the entire warm-up period.
    - B. Marshals will be responsible for the control and supervision of the swimmers both in and out of the pool.
    - C. Control and Supervision are the key words for safe swimming.
  - 2) Coaches shall continually supervise their swimmers during all the meet and warm-up

sessions.

- 3) Swimmers or coaches not following the prescribed warm-up procedures or directions of marshals or USA Swimming officials may be barred from the use of the warm-up area.
- 4) Backstrokers shall ensure that they are not starting at the time that a swimmer is on the blocks. Swimmers shall not step onto the starting blocks if a backstroker is waiting to start.
- 5) No running on the pool deck.
- 6) In the case of a recall start, swimmers on the deck shall not jump or dive into the pool in order to stop swimmers.
- 7) When using the side lanes for warming up or down during the meet, swimmers shall not perform racing starts and must circle swim.
- 8) Changes to warm-up procedures and other factors necessary to ensure swimmer safety may be made by the host team with the consent of the referee.
- 9) Warm-up areas are for the use of USA Swimming registered swimmers only and are not to be used as a cooling off area by spectators.
- 10) Swimmers are not permitted to dive into the pool during the General Warm-Up period. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during the designated sprint warm up. Any swimmers diving into the pool during the general warm-up period may be disqualified from one or more events at the discretion of the meet referee. Diving is permitted during designated sprint warm-ups.

**SPECTATORS:**

To assure coaches and officials adequate visibility of the swimming venue, all spectators, including athletes, are requested to remain four (4) feet or more from the edge of the pool.

**SERVICES/VENDORS:**

Hospitality will be available for coaches and officials; there will be a concession stand on site. Swim apparel will be available on site.

**ACCOMODATIONS:**

Holiday Inn Express  
1995 Macon Street, North Kansas City, MO 64116  
<http://www.hiexpress.com/hotels/us/en/north-kansas-city/mkcnk/hoteldetail>

**DIRECTIONS:**

Interstate 29 just north of I-35/29 split. Take North Oak Traffic Way North to first stop light at NE Vivion Road (Hwy 69). Turn right (East) on Vivion to Northeast 47th Street. Turn right (South) into the YMCA.

Parking at the YMCA is very limited. Parents should drop their swimmers and equipment off at the swim meet and then go park in one of the designated parking areas. Most of the parking is across Vivion Road, so please drop off swimmers at the YMCA, so there are less people crossing the road



## ORDER OF EVENTS

### DIVISION II LC EAST CHAMPIONSHIPS

Warm-Ups: 9:00 AM

Women

1  
3  
5  
7  
9  
11  
13  
15  
17  
19  
21  
23

**Friday Morning**

Event

13-14 400 IM  
15 & Over 400 IM  
13-14 100 Breast  
15 & Over 100 Breast  
13-14 200 Freestyle  
15 & Over 200 Freestyle  
13-14 100 Fly  
15 & Over 100 Fly  
13-14 400 Free Relay  
Open 400 Free Relay  
13-14 800 Free  
15 & Over 800 Free

Meet Start: 10:15 AM

Men

2  
4  
6  
8  
10  
12  
14  
16  
18  
20  
22  
24

Warm-Ups: Approx. 1:00 PM

Women

25  
27  
29  
31  
33  
35  
37  
39  
41

**Friday Afternoon**

Event

11-12 400 Free  
10 & Under 50 Breast  
11-12 50 Breast  
10 & Under 100 Free  
11-12 100 Free  
10 & Under 50 Fly  
11-12 50 Fly  
10 & Under 200 Free Relay  
11-12 200 Free Relay

Meet Start: Approx. 2:15 PM

Men

26  
28  
30  
32  
34  
36  
38  
40  
42

Warm-Ups: 8:00 AM

Women

43  
45  
47  
49  
51  
53  
55  
57  
59  
61  
63  
65

**Saturday Morning**

Event

13-14 200 IM  
15 & Over 200 IM  
13-14 50 Free  
15 & Over 50 Free  
13-14 200 Breast  
15 & Over 200 Breast  
13-14 100 Back  
15 & Over 100 Back  
13-14 400 Free  
15 & Over 400 Free  
13-14 400 Medley Relay  
Open 400 Medley Relay

Meet Start: 9:15 AM

Men

44  
46  
48  
50  
52  
54  
56  
58  
60  
62  
64  
66

Warm-Ups: Approx. 12:00 PM

Women

67  
69  
71  
73  
75  
77  
79  
81  
83

**Saturday Afternoon**

Event

11-12 200 IM  
10 & Under 200 IM  
11-12 100 Back  
10 & Under 100 Back  
11-12 50 Free  
10 & Under 50 Free  
11-12 100 Breast  
10 & Under 100 Breast  
11-12 400 Free Relay

Meet Start: Approx. 1:15 PM

Men

68  
70  
72  
74  
76  
78  
80  
82  
84

Warm-Ups: 8:00 AM

Women

85  
87  
89  
91  
93  
95  
97  
99  
101  
103  
105  
107

**Sunday Morning**

Event

13-14 200 Medley Relay  
Open 200 Medley Relay  
13-14 200 Back  
15 & Over 200 Back  
13-14 100 Free  
15 & Over 100 Free  
13-14 200 Fly  
15 & Over 200 Fly  
13-14 200 Free Relay  
Open 200 Free Relay  
13-14 1500 Free  
15 & Over 1500 Free

Meet Start: 9:15 AM

Men

86  
88  
90  
92  
94  
96  
98  
100  
102  
104  
106  
108

Warm-Ups: Approx. 12:00 PM

Women

109  
111  
113  
115  
117  
119  
121  
123

**Sunday Afternoon**

Event

11-12 200 Free  
10 & Under 200 Free  
11-12 50 Back  
10 & Under 50 Back  
11-12 100 Fly  
10 & Under 100 Fly  
11-12 200 Medley Relay  
10 & Under 200 Medley Relay

Meet Start: Approx. 1:15 PM

Men

110  
112  
114  
116  
118  
120  
122  
124

For qualifying times, see the MVS website at <http://www.missourivalleyswimming.com/standards/index.asp#mvs>